



BABAJI'S KRIYA YOGA

The first in a series of progressive initiations

with Ananda

Atlanta, Georgia

**February 3-4, 2012, April 20-22, 2012,
July 20, 2012, October 21-23, 2012**

The goal of life is happiness, peace, love and enlightenment. The desire for perfection comes from the Self, the image of God which seeks to express itself through all humanity.

KRIYA YOGA is a scientific art of perfect God truth union. It was revived in modern times by a great master of India, Babaji Nagaraj, as a synthesis of the teachings of the 18 siddhas. It includes a series of techniques.

Ananda will be giving
an initiation seminar

February 3-4, 2012,

April 20-22, 2012,

July 20, 2012,

October 21-23, 2012

9 a.m. to 5:30 p.m.

Suggested contribution: \$250

A free introductory lecture will be given on the following days at 1:00pm: January 21, April 7, June 30 and September 29, 2012 at the same location.

In this weekend you will learn 18 postures for greater health, relaxation and energy; the 6 phases of the powerful breathing technique, known as

**"Kriya Kundalini
Pranayama"**

to awaken and circulate subtle energies; 7 techniques of meditation to cleanse the subconscious, to master the mind and to bring about realization of the Self and Absolute Reality.

Ananda was initiated into Babaji's Kriya Yoga on July 4th 1993, Independence Day, and that is exactly what learning Babaji's Kriya Yoga has been for her... her soul's Independence from all the samskaras and illusions of Maya. In 1995 she took the advanced third level training and has practiced diligently since then. For many years she organized the first and second level initiations in Atlanta, Ga. for Satchidananda. When Satchidananda invited Ananda to prepare to join the Order of Acharyas, she felt she was being given an opportunity to realize her true, life purpose. In 2001, after fulfilling certain rigorous conditions over several years, including a Hatha Yoga Teacher Training with Durga Ahlund, Ananda was inducted into the teaching order of Acharyas, at the Quebec Ashram.



For more information on Babajis Kriya Yoga see www.babajiskriyavoga.net

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ENROLLMENT FORM FOR INITIATION INTO

KRIYA KUNDALINI PRANAYAMA AND MEDITATION

Initiation into Kriya Yoga means to receive one's first experience with the techniques involved from someone who has been authorized to reveal them. While no prior experience with yoga is required, your response to these questions will facilitate evaluation of your readiness for initiation into Kriya Yoga. Confidentiality of the techniques is required to ensure that they will not be passed on to others in a modified or incomplete form.

Name _____ Email _____

Address _____ City _____ State or Prov. _____

Zip or postal code _____ Tel. Number _____ Date of birth _____

Proposed place and date of initiation _____

Why do you want to be initiated in the techniques of Babaji's Kriya Yoga? _____

What do you love most in this world? _____

What are your favorite books in spirituality, philosophy and metaphysics? _____

Have you been initiated into Yoga before? If so, where and by whom? Do you continue to practise the techniques learned? _____

Are you prepared to practise regularly and faithfully the techniques taught in the initiation classes? _____

Do you have any significant health problems like high blood pressure which might restrict your practice of the yoga postures? _____

Are you taking any medication? If so what? _____

I, _____ do solemnly promise to Babaji not to reveal to anyone the techniques of Kriya Kundalini Pranayama and meditation into which I will be initiated under any circumstances.

Signature

Date

Please return this document to Wanda Taylor Jordan (Ananda) with \$50 payable to "Wanda Taylor Jordan" and send it to P.O. BOX 250164, Atlanta, Georgia 30325. This deposit will be returned to you only if you are not accepted for initiation into Kriya Yoga or are prevented by unavoidable circumstances from attending. If you have any questions please feel free to call Ananda at 404 626 7800 or Email: ananda@babajiskriyayoga.net. This document will be kept strictly confidential.